



Trade Like a Professional

Taurus Trading Performance Lab

A professional trading analytics system designed to help traders measure performance, improve their edge, and determine when they are ready to manage real capital.

Built by **Taurus Prop Firm**.



Trading Is Not a Hobby

Most traders treat trading like a game.

Professional traders treat trading like a **business**.

Amateur Trader

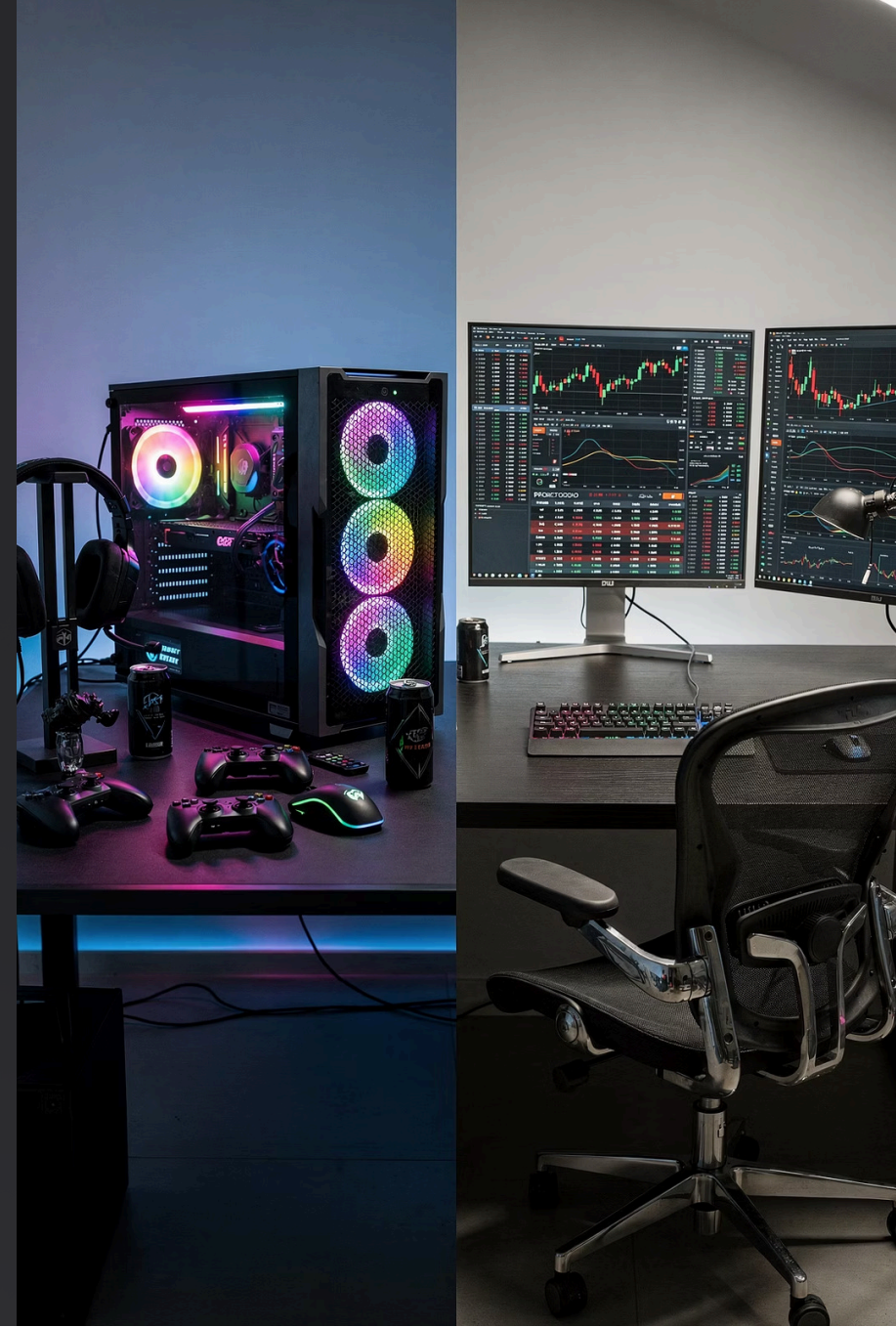
- Trades on gut feeling
- Ignores risk management
- Chases entries and indicators
- No consistent measurement
- Treats losses as bad luck

Professional Trader

They measure:

- performance
- risk
- discipline
- consistency
- statistical edge

☐ Without measurement,
improvement is impossible.





The Real Reason Most Traders Fail

Most traders focus on:

Entries

Indicators

Strategies

But professionals focus on:

Risk Management

Statistical Performance

Drawdown Control

Consistency

Success in trading comes from **data-driven decisions**.





How Taurus Evaluates Traders

Many prop firms use arbitrary rules.

"After X payouts you automatically receive a live account."

Other Prop Firms

- Fixed payout rules
- Arbitrary thresholds
- One-size-fits-all criteria

At Taurus

We do not rely on fixed rules.

We evaluate traders based on **real measurable performance metrics.**



Introducing The Taurus Trader Score

The **Taurus Trader Score** is a proprietary evaluation model used to measure the true quality of a trader.

It analyzes:



Risk Management



Profitability



Consistency



Drawdown Control



Statistical Edge



Execution Discipline

📌 This score helps determine when a trader is **ready to manage real capital**.



Why We Built This Journal

We created the **Taurus Trading Performance Lab** to give traders access to the same analytical framework used internally by Taurus.

This journal allows traders to:



Measure Performance

Track every trade with professional-grade metrics.



Identify Weaknesses

Pinpoint exactly where performance breaks down.



Improve Discipline

Build the habits that separate amateurs from professionals.



Build Statistical Confidence

Make decisions backed by data, not emotion.

It transforms trading from intuition into **measurable performance**.





What Makes This Journal Different

The Trading Performance Lab includes professional analytics such as:

1

Automated Trade Database

2

Equity Curve Tracking

3

Drawdown Analysis

4

Setup Analysis

5

Instrument Performance Analysis

6


Monte Carlo Simulation

7

Kelly Position Sizing

8

Trader Scoring System

 It turns your trading history into **valuable performance data.**



Automated Trade Database

All trades entered in the monthly sheets are automatically aggregated into a central database.

The journal calculates:

Trade Results	Risk Exposure	Reward Potential
Performance Statistics		Daily Performance Metrics

This creates a structured dataset for professional analysis.



Risk, Reward and Risk-Reward Ratio

Every trade is measured using three key variables:

Risk

The distance between entry and stop loss, measured in ticks.

Reward

The distance between entry and target, also measured in ticks.

Risk-Reward Ratio (R:R)

The relationship between potential reward and risk.

Tracking these values helps traders understand whether their trades justify the risk taken.

Professional trading always starts with **controlled risk**.



Core Trading Metrics

The journal automatically calculates essential trading statistics:

Win%

Win Rate

Percentage of profitable trades

Avg+

Average Win

Mean profit per winning trade

Avg-

Average Loss

Mean loss per losing trade

PF

Profit Factor

Gross profit divided by gross loss

EV

Expectancy

Expected return per trade

EQ

Equity Growth

Overall account progression

📌 These metrics determine whether a strategy has a **real statistical edge**.



Drawdown Analysis

Drawdown measures the decline from a peak in trading performance.

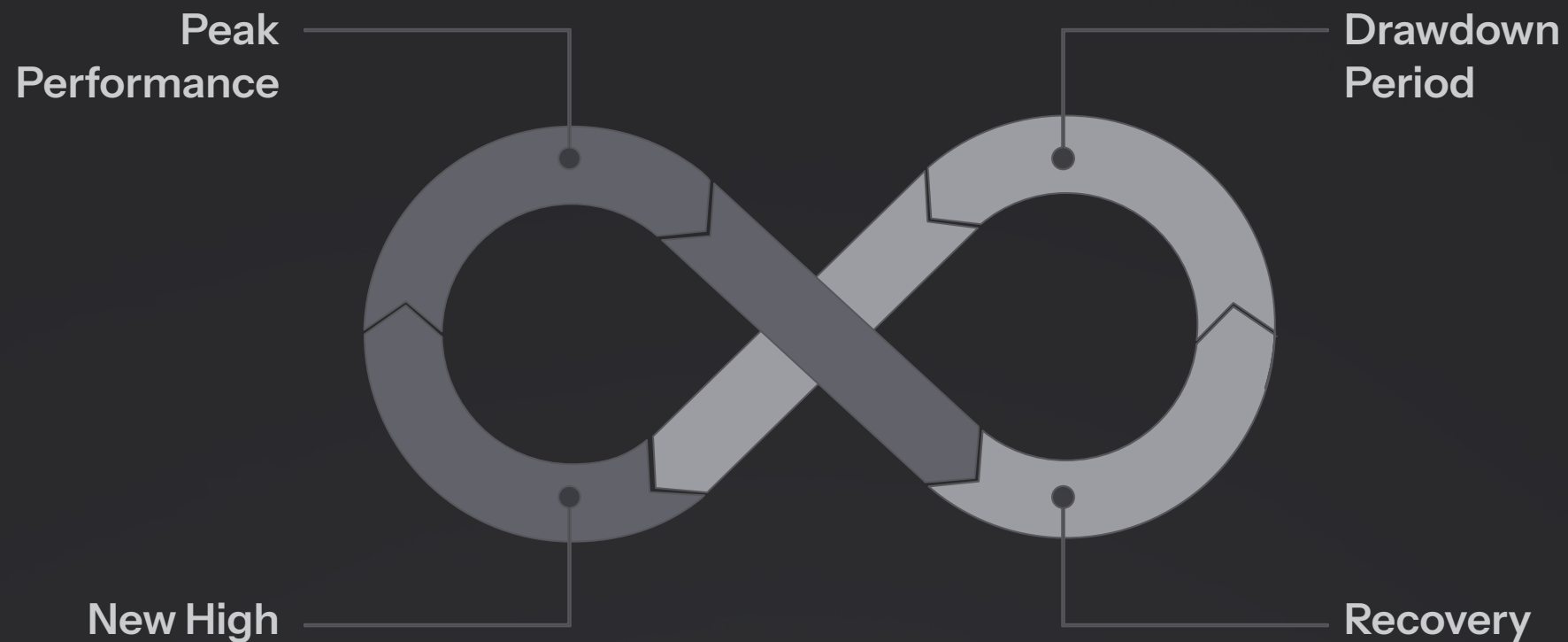
The journal tracks:

- Maximum drawdown
- Drawdown percentage
- Recovery time

Why It Matters

Understanding drawdown is essential to controlling **long-term trading risk**.

Without tracking drawdown, traders cannot know how close they are to catastrophic loss — or how long recovery will take.



Monitoring drawdown at every stage of your trading journey is a hallmark of professional risk management.



Setup Performance Analysis

Not all trade setups are equally profitable.

The journal analyzes performance by setup:

1

Win Rate by Setup

Which setups win most often?

2

Profitability by Setup

Which setups generate the most profit?

3

Expectancy by Setup

Which setups have the strongest statistical edge?

This allows traders to focus only on **high-probability trades**.



Instrument Performance Analysis

Many traders unknowingly perform better on certain markets.

The journal analyzes results by instrument such as:



ES

S&P 500 E-mini Futures



NQ

Nasdaq 100 E-mini Futures



CL

Crude Oil Futures



GC

Gold Futures

📄 This helps traders identify **their strongest markets.**



Understanding Your Equity Curve

The equity curve is the visual representation of your trading performance.

It reveals:

- **Growth Stability**
Is your account growing in a controlled, consistent manner?
- **Losing Streaks**
Where are the periods of consecutive losses and how deep do they go?
- **Volatility in Performance**
How erratic or smooth is the overall trajectory of your account?

Professional traders monitor their equity curve to maintain **consistent growth**.



Monte Carlo Simulation

The journal includes a **Monte Carlo simulation engine**.

Monte Carlo generates thousands of randomized equity curves based on your trading results.

This helps estimate:

- Potential losing streaks
- Realistic drawdown levels
- Long-term strategy stability

What It Reveals

It reveals how robust your trading system truly is.

By simulating thousands of possible futures, traders gain a statistically grounded view of what their strategy can and cannot withstand.



Kelly Criterion (Half Kelly)

The journal also includes the **Kelly Criterion**.

Kelly calculates the theoretically optimal position size based on your statistical edge.

Full Kelly

However, full Kelly can be very aggressive.

- Maximises theoretical growth
- Exposes account to extreme drawdowns
- Not suitable for most traders

Half-Kelly

Professional traders typically use:

Half-Kelly

This balances growth potential with controlled risk.



Funding Readiness Indicator

The journal includes a **Funding Readiness Score**.

This metric is designed for traders who are still trading in simulation.

It helps determine when a trader is statistically ready to attempt a prop firm challenge.

It evaluates:



Consistency

Are results repeatable over time?



Profitability Stability

Is profit growth smooth and controlled?



Risk Management

Are position sizes and stops disciplined?



Drawdown Control

Is the account protected from large declines?



Evaluate Yourself Like a Prop Firm

Using this journal, traders can evaluate themselves using the same logic used by professional trading firms.

You can determine:

If your trading has a real edge

Does your strategy produce statistically significant results?

If your performance is consistent

Are results repeatable across different market conditions?

If your risk management is strong

Are you protecting capital and controlling exposure?

If you are ready to manage capital

Have you demonstrated the discipline required for real funding?



A Tool For Continuous Improvement

This journal is not just a tracking tool.

It is a **performance improvement system**.

It helps traders:



Identify Mistakes

Surface the errors that are costing you money.



Improve Discipline

Build the habits that define professional traders.



Refine Strategies

Sharpen your edge based on real data.



Develop Consistency

Turn sporadic results into reliable performance.

Over time, the data reveals **your true trading potential**.

Trade Like a Professional

Your trading strategy matters.

But what truly determines success is:

Discipline



Risk Management

Statistical Edge



Consistency

The **Taurus Trading Performance Lab** helps traders transform trading into a professional process.

1

Measure Your Performance

2

Improve Your Edge

3

Prepare for Real Capital